

PSHE LEARNING JOURNEY

Ardleigh Green
Junior School



We are... learning about
relationship education!

Self-Image, RSE &
Our Year Ahead

Mental Health,
Love, Loss, Being
Online & Using
Technology Safely

Responsibility For My
Health, Substances,
Exploitation and
Stress

Goals, Steps to Success,
Dreams, Making a
Difference &
Achievements

Understanding
Differences, Power
Struggles & Celebrating
How We Look

We are... becoming equipped with the skills and
knowledge necessary to make safe and informed
decisions!

Continued Jigsaw Study
Programme

Emergency Aid,
Body Image &
Healthy Me

Online Communities, Online
Gaming & Relationship with
Technology

Self-Image, Body
Image, Puberty &
Looking Ahead

**YEAR
6**

My Year
Ahead,
Global
Citizen &
Learning
Charter

Jobs, Careers
& Supporting
Each Other

We are...
debating and
discussing!

We are... becoming equipped with a sound
understanding of risk!

Continued Jigsaw Study
Programme

Unique Me
& Looking Ahead

Jealous, Love, Loss,
Memories &
Celebrating
Relationships

Substances,
Group Dynamics
& Healthy
Friendships

**YEAR
5**

Different
Cultures, Racism,
Bullying &
Celebrating
Differences
Around the World

Being a Citizen,
Responsibilities,
Rewards,
Consequences &
Learning Charter

School Citizens, Rights,
Responsibilities & Learning
Charter

Continued Jigsaw Study
Programme

Family
Stereotypes &
Looking Ahead

**YEAR
4**

Family,
Friendship,
Safety
Online &
Global
Citizens

We are... sharing
our opinions and
viewpoints!

Continued Jigsaw Study
Programme

Influences, Bullying &
Celebrating How We Look

Our Dream School,
Consequences &
Learning Charter

We are... making
links with real life!

Being Fit,
Healthy &
Safe

**YEAR
3**

Dreams, Goals
& Challenges

Families, Conflict,
Solutions &
Compliments

We are... making cross-
curricular links with our PSHE
learning!

SUBJECT LEADER: MRS KIRBY