# The Knowledge

**Supporting the National Curriculum** 



**Knowing More** 

**Remembering More** 

**Learning More** 

# When life gets hard



### **Key Concepts**

Making hard decisions
Modern Dilemmas
Solving dilemmas using faith texts

Codes for Living
The Golden Rule
Paying it forward



## Key discussion

How do we choose when we don't know all the options? How can we solve problems when there are two

courses of action?

How do religious stories, set long ago, help us today?

Which religious codes for living do we think are most important?

How does the Golden Rule make a difference to everyone in the world?

How can we pay back kindness shown to us?

## **Key Facts**

We often make decisions without knowing all the facts and have to guess what would be the best option.

Decisions are often made without thinking of the impact on other people.

Dilemmas are problems with two paths of action.

Religious texts are full of stories with guidance about how to solve our modern day problems.

Codes for Living are the rules by which a community or faith group choose to live.

All faith groups have some codes in common.

The Golden Rule, by which all faiths stand, is - Always treat others as you would like them to treat you.

The Paying It Forward Foundation is a worldwide non profit organisation that encourages everyone to reflect on an act of kindness to them and pass it on to someone else. Pay it Forward Day is on April 28th each year.

## Key Vocabulary

**Decision:** A choice that you make about something after thinking about several possibilities.

**Reward:** Something given in exchange for good behaviour or good work.

**Consequences:** A result of a particular action or situation, often one that is bad or not convenient.

**Dilemma:** A situation in which a difficult choice has to be made between two different things you could do.

**Alternative**: A plan or a method that you can use if you don't want to use another one.

**Code:** a set of rules that say how people in a particular organization or country should behave.

#### Test Yourself

How might people approach making difficult decisions?

How might people solve dilemmas?

How might rules or codes for living help when life gets hard?



#### How could you pay forward?



Buy a hot drink for someone at a café for them to give to someone else.

SHOP Address: Lorem Telp. 11	Ipsum, 23-10
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CASH R	ECEIPT
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Total Cash Change	16.5 20.0 3.5
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Bank card Approval Code	234 #123456
THANK	YOU!

Some companies allow you to buy a meal for someone else to have.