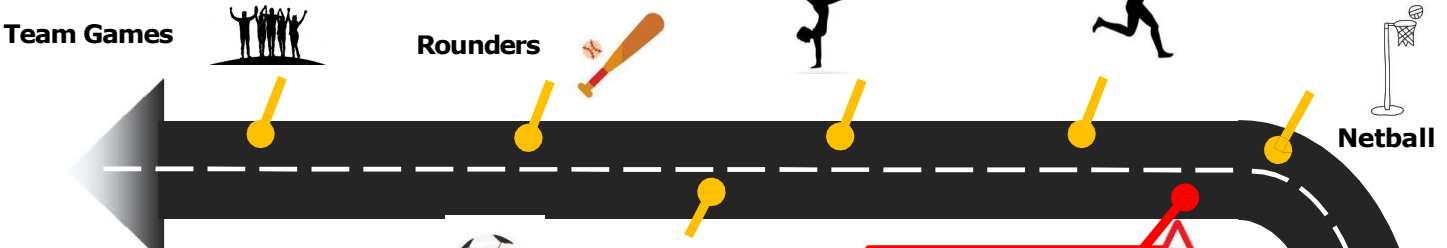


# PE LEARNING JOURNEY

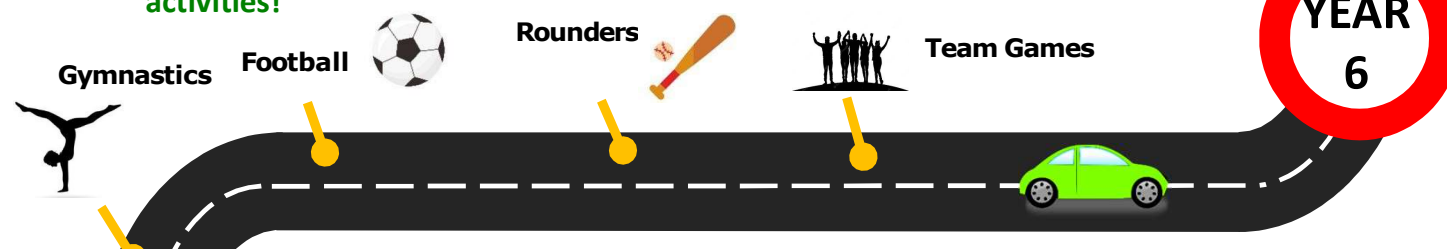
Ardleigh Green Junior School



We are... comparing our performances with previous ones to achieve our personal best!

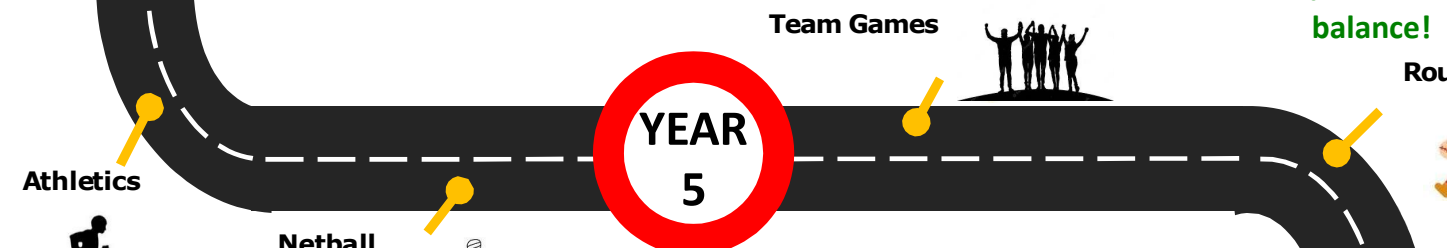


We are... taking part in outdoor and adventurous activities!

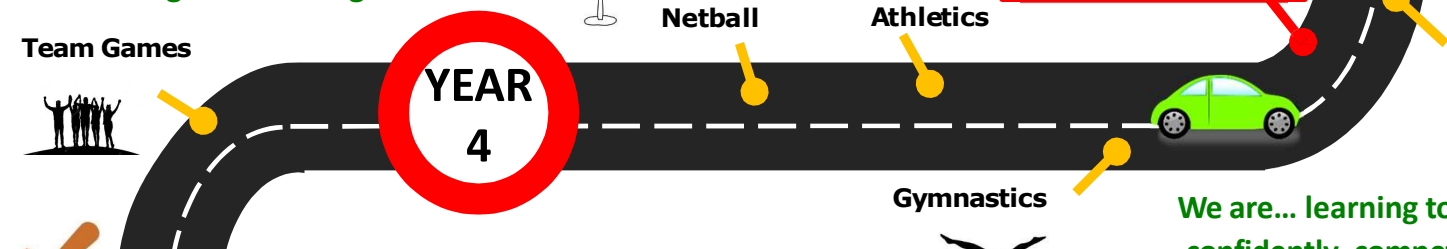


We are... performing dances using a range of movement patterns!

We are... developing flexibility, strength, technique, control and balance!

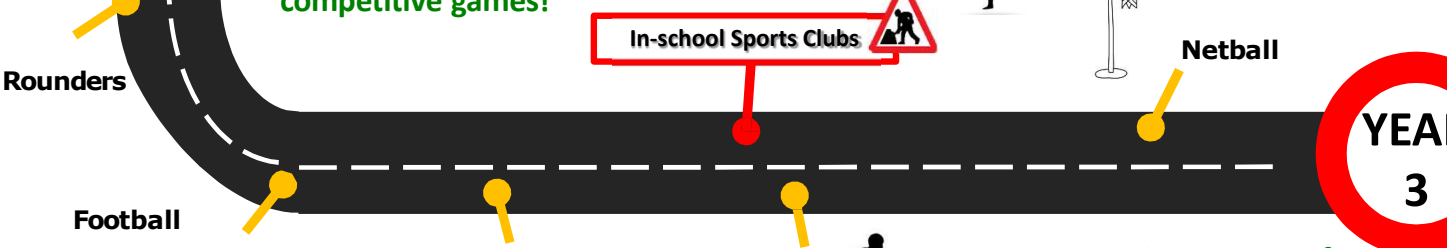


We are... running, jumping, throwing and catching!



We are... playing competitive games!

We are... learning to swim confidently, competently and proficiently!



We are... using a range of swimming strokes effectively!



SUBJECT LEADER: MR HARRIS