

PSHE LEARNING JOURNEY

Ardleigh Green
Junior School



We are... learning about
relationship education!

Self-Image, RSE &
Our Year Ahead



Mental Health,
Love, Loss, Being
Online & Using
Technology Safely



Responsibility For My
Health, Substances,
Exploitation and
Stress



Goals, Steps to Success,
Dreams, Making a
Difference &
Achievements



Understanding
Differences, Power
Struggles & Celebrating
How We Look



My Year
Ahead,
Global
Citizen &
Learning
Charter



We are... becoming equipped with the skills and
knowledge necessary to make safe and informed
decisions!

Continued Jigsaw Study
Programme



Emergency Aid,
Body Image &
Healthy Me



Online Communities, Online
Gaming & Relationship with
Technology



Self-Image, Body
Image, Puberty &
Looking Ahead



**YEAR
6**

We are...
debating and
discussing!

Jobs, Careers
& Supporting
Each Other



Continued Jigsaw Study
Programme



We are... becoming equipped with a sound
understanding of risk!

Unique Me,
Change & Looking
Ahead



Jealous, Love, Loss,
Memories &
Celebrating
Relationships



Substances,
Group Dynamics
& Healthy
Friendships



**YEAR
5**

Different
Cultures, Racism,
Bullying &
Celebrating
Differences
Around the World



Being a Citizen,
Responsibilities,
Rewards,
Consequences &
Learning Charter



School Citizens, Rights,
Responsibilities & Learning
Charter



Continued Jigsaw Study
Programme



Babies, Body
Changes, Family
Stereotypes &
Looking Ahead



**YEAR
4**

Family,
Friendship,
Safety
Online &
Global
Citizens



We are... sharing
our opinions and
viewpoints!

Continued Jigsaw Study
Programme



Influences, Bullying &
Celebrating How We Look



We are... making
links with real life!

Our Dream School,
Consequences &
Learning Charter



**YEAR
3**

Being Fit,
Healthy &
Safe



Dreams, Goals
& Challenges



Families, Conflict,
Solutions &
Compliments



We are... making cross-
curricular links with our PSHE
learning!

SUBJECT LEADER: MRS CONNOR